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Week ending Friday March 10, 2017

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Local News

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Couple celebrate their 45th wedding anniversary at hospice before wife dies

A MAN celebrated his 45th wedding anniversary with his wife shortly before she passed away at a hospice.

Jim Thornton, 70, of Dagenham, was with Sandra, 69, throughout her three-week stay at Saint Francis Hospice and marked the occasion by organising a special service at the hospice chapel.

Sandra, overwhelmed by the occasion, said: "I was over the moon. I could not have asked for anything better."

She died on Friday, March 3, surrounded by her family and loved ones.



MOVING: Sandra and Jim Thornton, and right in younger days

HOSPITALS ALL-CLEAR

KING GEORGE AND QUEEN'S 'GOOD' AND OUT OF SPECIAL MEASURES

By Rudi Abdallah

waltham@yellowad.co.uk

STAFF working for an east London hospital trust have been praised for improving services and helping it out of special measures.

Four core services at Barking, Havering and Redbridge University Hospitals NHS Trust-run hospitals were rated "good" overall by the Care Quality Commission (CQC) following three years in special measures.

Inspectors examined services at King George Hospital, Goodmayes and Queen's Hospital in Romford.

Matthew Hopkins, trust chief executive, was jubilant, praising staff for their efforts.

He said: "I have always believed in the huge desire and passion of our staff to deliver outstanding care to this community.

"It is evident to me every single day in our hospitals, so I am delighted it was clearly evident to the CQC team too, as this very positive report shows."

Inspectors noted that children and young people's services and



DELIGHT: Staff at King George Hospital celebrate the CQC's recognition

Photo by Martin Dalton

outpatients and diagnostic imaging had shown "transformational improvement". Medical care and urgent and emergency services were also inspected.

The trust overall was moved to a "requires improvement" rating because only four core services were assessed in a targeted inspection.

Dr Maureen Dalziel, chairwoman of the hospital trust, thanked staff and attributed improved safety and care to their efforts.

She said: "On behalf of the board, I'd like to thank our staff, volunteers and patients, but also our partners in the community.

"It has been a long journey, and

while there is still much to do, I believe our hospitals are safer, more caring places than when I joined.

"I'm pleased to see the progress which is being recognised, particularly around governance and leadership."

The inspection took place over September and October 2016.

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Advertiser

North London & Essex Press Ltd, Acorns House, Great Oaks, Stretton, Essex SS14 1BA

Advertising
01268 503422

Distribution
0208 3644040

Editor
Mick Ferris
01268 503471
mickferris@yellowad.co.uk

Reporter
Rudi Abdallah
01268 503462
rudi@yellowad.co.uk

Publisher
Vicky Wright
01268 503400
vickywright@yellowad.co.uk

Complaints should be made in writing, either by email to the Editor Mick Ferris, mickferris@yellowad.co.uk or by post to Mick Ferris, Editor Yellow Advertiser, Acorns House, Great Oaks, Stretton, Essex, SS14 1BA.

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STUNNING: Dunston Hall near Norwich



Win family night's stay in a country mansion

DUNSTON Hall near Norwich, which has received a £2million refurbishment, has a new package of family-friendly deals and to help you join in the fun the venue is giving away a night's stay for one family.

The package comprises a fun children's check-in with free activity pack plus a host of activities such as craft and hobby workshop; games room, pizza and movie night-in; milk and cookies before bed and family splash times in the swimming pool. There is even a Bug Hotel to explore.

The hotel, an Elizabethan-style mansion built in 1859, is supplying guests with a map of local family attractions around the Norfolk area for both indoor and outdoor entertainment.

As well as free meals for those aged four years and under, you can also enjoy free stays for children under 16 sharing a bedroom or a 50 per cent discount on another room if you would prefer to book a separate room for the children.

Located in 150 acres of stunning wooded parkland, you will be able to

enjoy the finest food incorporating the best Norfolk ingredients, the most comfortable rooms with elegant surroundings, top leisure facilities including a beautiful pool and spa, and a warm welcoming service. For golfers there is a even a par 71 US PGA-rated course.

If that is not enough to keep you entertained, the hotel has its recommended Top 10 Reasons to visit Norfolk, ranging from Norwich's splendid historical and visitor sites to coastal and woodland walks, cycle trails and theme parks. For more information visit www.QHotels.co.uk/our-locations/dunston-hall or call 01508 470444.

To win a family night's stay – for two adults and two children under 16 – answer the following question.

Q: Dunston Hall is situated in how many acres of stunning wooded parkland?

- A: 100 acres
- B: 125 acres
- C: 150 acres

To enter the competition telephone your answer – A, B or C – to 0901 307

1678 with your name, address, telephone number and email.

Alternatively text YAHALL (space) followed by A, B or C, and your name, full address and email to 63333.

Calls cost 50p per call plus your phone company's access charge. Calls from mobiles will cost considerably more. Texts cost 50p plus your standard network rates.

If you do not wish to receive details on any other products or services, text EXIT at the end of your message.

Lines close on Thursday, March 16. Entries received after the closing date will not be counted but may still be charged. Service Provider: JMedia UK Limited, RH16 3EG. Tel: 020 7720 7130.

T&Cs: Prize must be taken within three months of win and is valid for two adults and two children aged up to 16. There is no cash alternative and prize is non-transferable. Includes evening meal up to £28 per person. Excludes alcohol. Stays are subject to availability but cannot be redeemed on Fridays or Saturdays.

Orient fans in 'fight' for club

COUNCILLORS in Waltham Forest have passed an emergency motion pledging to provide Leyton Orient Fans' Trust (LOFT) with support to assist in its campaign to protect Leyton Orient FC.

At a full council meeting in Waltham Forest Town Hall last week there was unanimous support for the motion, which also outlined the council's belief that the current owners should work harder to find a new buyer for the club.

Council leader Chris Robbins has called on the community to rally behind Leyton Orient FC and help safeguard its future in the borough.

He said: "The future of London's second oldest football club is at stake here – a well-loved and valued club that is very much part of the east London community."

"We want to see the current owners work harder to find a new buyer for the club and ensure that there are no blockages put in front of legitimate offers."

LOFT members passed a resolution on March 2 to set up a fund, which could be used to help regenerate Leyton Orient.

Tom Davies, a LOFT spokesman, said: "Leyton Orient may be a small club, but it is a cherished part of our community, and a wonderful family in its own right. Which is why we are exploring all options – some very difficult – to ensure our club survives, and why we have launched our regeneration fund, to help deal with certain specific needs."

"We are not prepared to see our club die without a fight."



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Smoker pays price for dropping a cigarette

SMOKING proved to be an expensive habit for a woman who failed to pay a penalty fine for dropping a cigarette butt.

Ana Simao of Kingston Road, was fined £500 after failing to pay a £75 on-the-spot fine.

Simao was seen by an enforcement officer dropping a cigarette butt on public highway outside a sandwich shop in Station Parade, Barking, before walking back into the shop.

She was advised she had committed an offence of littering, a criminal offence, punishable upon conviction with a fine of up to £2,500 and a criminal record. On this occasion, she

was issued with a £75 fixed penalty notice with no further action if paid within 14 days.

But a council spokesman said: "Despite repeated letters to both her work and home addresses, Ms Simao failed to pay. She was summonsed to appear at Barking Magistrates' Court on February 17 but she failed to turn up."

Councillors publicised the case in an attempt to send a message to other litterers. Cllr Laila Butt, cabinet member for enforcement and community safety, said: "I do hope this sends a very clear message that whether you work in, visit or live in

our borough you must have a sense of civic pride – you cannot turn our streets or public spaces into an ash-tray or worse and hope to get away with it.

"What makes this particular offence worse is that there are a number of public bins she could have used right in front of the location."

Simao was ordered to pay a fine of £220, costs of £308 and a victim surcharge of £30 – a total of £558 and has been given 28 days to make the payment.

Cllr Butt said: "Let this be a very clear warning that we will continue to clamp down hard on all grime crime."

Butchers fined £2,500

A BUTCHERS was fined more than £2,500 after failing to provide transfer notes to prove it was disposing of waste properly.

Barking Supermarket Essex Ltd, of East Street, Barking was prosecuted at Barking Magistrates' Court after it failed to prove it had adequate waste transfer notes during a routine visit by Barking and Dagenham Council officers.

Cllr Laila Butt, cabinet member for enforcement and community safety, said: "Responsible businesses must show they are disposing of their waste properly."

"We will make sure no trader is let off the hook by ignoring important rules."

"Cracking down on irresponsible traders is part of our wider war on grime-crime in our drive to make a cleaner, better Barking and Dagenham."

Street enforcement officers issued the business with a 14-day notice to produce a waste transfer note after a visit in June 2016.

A fixed penalty notice of £300 was issued once the deadline passed.

The shop owner was taken to court after they ignored a reminder to pay the fine.

Students' postcard art for charity

STUDENTS at Barking and Dagenham College designed Picasso-esque postcards for the Alzheimer's Society.

The Post-Picasso event, organised entirely by the college's photography students, saw nearly 200 use a variety of mediums, ranging from photography to textiles, to create their postcard designs.

Students' work can be seen in The Gallery at the college campus in Rush Green until March 10 and at www.postpicasso.tumblr.com.

David Bennett, programme



GOOD CAUSE: Students at Barking and Dagenham College with their postcards

leader for photography, said: "This event has provided students with the experience of producing art that can contribute to a good cause. These important skills will be relevant to them throughout

their careers. This will also be the very first time students across all creative courses have come together in one room to display work.

"I am very proud of what all students have achieved."

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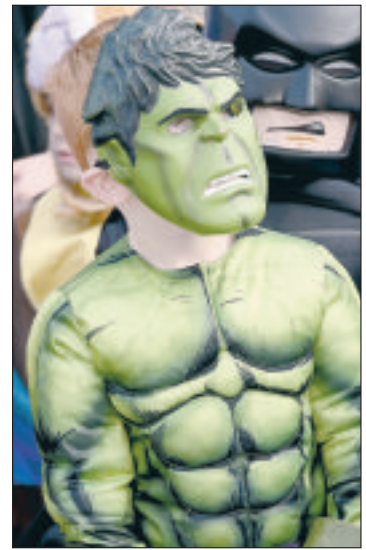
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CHARACTERS: Harold Court Primary school Harold Wood Book week parade
Photos by Martin Dalton



Parade of the book heroes

CHILDREN at Harold Court Primary School dressed up as their favourite literary heroes to celebrate World Book Day. The Hulk, Harry Potter and Dennis the Menace all made an appearance at the special parade last Wednesday marking the importance of literature to children's education.

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Registrar's marathon mission for hospice

A SPECIALIST registrar at a hospice will run the London Marathon.

Lucy Bemand-Qureshi, 39, will join thousands of runners in the 26-mile run on Sunday, April 23 to fundraise for Saint Francis Hospice.

Lucy, who has been caring for people in the community since October, said: "I love running because I can do it anywhere, at any time of day and it is a great source of fitness."

"Running a marathon is a huge commitment in terms of time but when I knew I would be working at the hospice I applied for one of its gold bond places because I think it gives you a stronger connection with the charity."

Lucy, from Newbury Park, completed the Roding Valley Half-Marathon as part of her training programme.



RUNNER: Lucy Bemand-Qureshi, and left, after the Roding Valley Half-Marathon

Broadchurch writer's play at Queen's

THE writer of TV's Broadchurch and Torchwood, Chris Chibnall, has written a comedy being staged at Queen's Theatre, Hornchurch.

Worst Wedding Ever is co-produced by Queen's Theatre, Salisbury Playhouse and New Wolsey Theatre in Ipswich.

The play is about a west Dorset mother who gets her family to help put on the ultimate wedding after her daughter's plans for the big day fall through.

Worst Wedding Ever runs from March 15 to April 1. Tickets range from £18 to £29. For tickets call 01708 443333, visit www.queens-theatre.co.uk or buy at the box office.



BRIDE AND GROOM: Derek Froom in Worst Wedding Ever Photo courtesy of The Other Richard

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The magic of mime



MULTICULTURAL WEEK CELEBRATIONS: Students at Drapers' Academy perform French mime and beat their drums

Photos by Martin Dalton

STUDENTS at Drapers' Academy, Settle Road, Harold Hill, dressed up as French mime artists and played African drums in a celebration of multiculturalism.

Face paint was donned and

drums were thumped as students learnt about the origins of different cultural practices that make up Britain today.

Karen Brown, organiser of multicultural week, said: "Multicultural week at

Drapers' Academy is one of the most exciting dates in our school calendar.

"It is a chance for pupils and all staff to celebrate their cultures and embrace the diversity of our school."

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IMPORTANT: - ALL PROPERTY OWNERS PLEASE BE AWARE when a flat roof is replaced there are Part L Building Regulations that the homeowner and the contractor must comply with. **Please call for free information regarding the Part L Law.** The home-

The Problem



owner should also be made aware that insurance companies will no longer accept any liability for any external or internal

damage caused by a leaking flat roof which is over 10 years old.

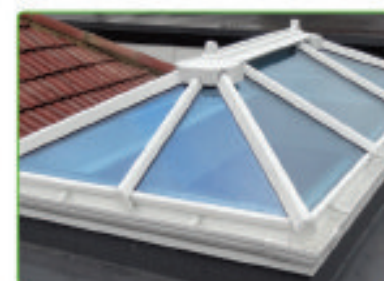
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WHAT'S ON

To have your event considered for publication, send the details AT LEAST 10 DAYS before the issue date to: **What's On, Yellow Advertiser, Acorn House, Great Oaks, Basildon, SS14 1AH. You can e-mail us at: letters@yellowad.co.uk PLEASE NOTE: We cannot guarantee that all entries will be included.**

However, you can add the details of your event to our website at www.yellowad.co.uk

Friday, March 10

■ Redbridge 18-Plus – York Room, Central Library, Clements Road, Ilford.

Saturday, March 11

■ Tennis – small club in Ilford, Sat pm, Sun am and three weekday afternoons, over-50s welcome, details Tom 020 8593 4365.
■ Ante-natal Yoga – Quaker Meeting House, Bush Road, Wanstead, E11, Sat 10am to noon, Mon 6.45-8.45pm, post-natal yoga, Sat 12.05-1.15pm. 020 8923 6452.

Sunday, March 12

■ Ilford & District C.H.A. Rambling Club – morning walk, meet 10.30am at Cutty Sark DLR station. 020 8926 4593.
■ Strides Badminton Club – Wanstead Leisure Centre, Redbridge Lane West, 3.30pm, 18 and over, all levels, details Mark 020 8598 8435 (before 9.30pm).
■ Sunday Service – Lighthouse Chapel International Church, Outset Centre, Frederick Street, Walthamstow, 11am-1pm. 07974 108350.
■ Sunday Services – Kings Road Baptist Church, Chingford (junction of Kings Road and Scholars Road), 11am and 6.30pm.
■ Sunday Services – Higher Life Christian Centre, Forest YMCA, 642 Forest Road, Walthamstow, 10am to noon.
■ Learn to Dance Modern Jive – Hainault Forest Community Centre, 7-10.30pm. 07768 005858.

Monday, March 13

■ Short Mat Bowls – Warren Heath Short Mat Bowls Club, Warren Junior School, Gordon Road, Chadwell Heath, 7pm, details Tony or Heather 01708 340874.
■ Music Listening Appreciation Group – Rectory Library, Rectory Road, Dagenham, 7pm, admission free. 020 8592 8321.
■ Rehearsals – Redbridge Ladies Choir,

Palmer Catholic Academy, Seven Kings, 7.45-9.15pm, new members welcome. 020 8551 9895.

■ Rehearsal – The Rodding Players Orchestra, Rodding Valley High School, Alderton Hill, Loughton (opposite Underground station), 7.15pm, new members welcome. 020 8505 4329.
■ Forest Highlanders Pipes and Drums – St Cedd's Church, Seven Kings, 8pm.
■ Bingo – Friday Hill Community Association, Coney Burrows Community Hall, Friday Hill, E4, 1.30pm.
■ Multi-denominational healing – Redbridge Healing Centre, IRDSA Hall, Craven Gardens, Barkingside, IG6 1PS (next to car park, Fullwell Cross roundabout), 7-9pm, no charge, 07971 536581/556490 or 07821 969405.
■ Yoga Classes – The Peterhouse Centre, Walthamstow, 1-3pm and Tiptree Community Hall, Barkingside, 7.30-9.30pm, call Kay Russell 020 8554 7168.

Tuesday, March 14

■ Stroke Club – Parkside Stroke Club, Parkside Community Centre, Goodmayes Lane, 1.30-4pm. 020 8595 3973.
■ Coffee Shop – Eastern Avenue Baptist Church, East Road, Chadwell Heath, 10am, games, videos, friendship, all welcome. 020 8599 1479.
■ Club – Barking and Dagenham 18-Plus, The White Horse Inn, 118 High Road, Chadwell Heath, ages 18-35, 9pm, free trial membership, details Joe 07958 669339.
■ Duplicate Bridge – Parkside Community Centre (corner of Goodmayes Lane and Longbridge Road), Barking, 1.30-4.30pm, regret no beginners, call Jim (pref. evenings 5.30-6.30pm) 020 8592 0397.
■ Rehearsals – Chapel End Savoy Players, St John's Church, Chingford Road, Walthamstow, 8-10pm. 020 7474 7926.
■ Chadwell Heath Canasta Club – Chadwell Community Centre, High Road, Chadwell Heath, RM6 6AS, 7pm, all welcome, from beginners (we will teach you). 020 8599 6638.
■ Barking Road Runners – Barking Abbey School Leisure Centre, Woodbridge Road, 7.15pm, for experienced or fun runners, over 16 years. 020 8594 4602.
■ Whist Drive – British Legion Club, Ilford, 7.45pm. 01708 555478.
■ Line Dancing – Walthamstow Trades Hall, intermediate, 8-11pm. 07968 036373.
■ Circle Dancing – King Solomon High School, Barkingside, 8-10.30pm, no partners necessary, details 07956 592938.
■ Square Dancing – American Square

Dance Club, Fullwell Cross Library, Barkingside, 8-10.30pm, beginners welcome.

■ Tea Dance – Woodward Hall, Woodward Road, Dagenham, mainly ballroom and Latin American, 2-4pm. 020 8592 8402.
■ Redbridge Folk Dance Group, King Solomon High School, Forest Road, Barkingside, 8-10pm. 020 8559 8505 (eve).
■ Salsa classes – Latin aboard the Tereza Joanne moored at King George V Dock, E16, 7.30pm. 020 7511 5000.
■ Fitness classes – Wesley Hall, Methodist Church, Loughton High Road, 10.30-11.45am, safe, fun, 020 8508 3346.
■ Sahaja Yoga Meditation – 1a Jewel Road, Walthamstow, learn to meditate, relax, de-stress, free weekly classes, 7.30pm, beginners welcome. 07931 851954.
■ Yoga Classes – Redbridge Social Centre, rear of 188/190 Beehive Lane, Ilford, for beginners and mixed ability, 2-3.30pm and 7.30-9pm. 020 8550 0689.
■ St Francis Mother and Toddler Club – Evangelical Church, Fencepiece Road, Barkingside, 1.30-3pm, adults £1, children free entry.

■ Duckling Club – Parent and Toddler Group, Ley Street Chapel, 367 Ley Street, Ilford, 10am to noon. 020 8514 1255.

Wednesday, March 15

■ Talking Hands – club for the deaf and hard of hearing, 10.45am-2.45pm, York Room, Ilford Library.
■ Table Tennis – Forest Community, Guildford Road, Walthamstow, 8pm, new members welcome, Ray 020 8524 4289.
■ Friends Club – St Cedd's Church Hall, Blythwood Road, Seven Kings (opposite Homebase), 1-4pm, short mat bowls and snooker, 50p per session.
■ Live Blues Jam – Coach and Horses, 391 High Road, Leyton, guests, regulars and house band, £2 listeners, £1 musicians, singers and drummers especially welcome, 8.30-11.30pm. 020 8502 0351.
■ Ilford No. 1 Senior Citizens Club – St John's Church, St John's Road, Seven Kings, IG2 7BB, 1-3pm, details Helen 020 8590 7291.
■ Social Club – Wanstead House, The Green, E11, 8.30-10.30pm. 020 8514 8046.
■ Bingo – Royal British Legion Club, 31 Duntun Road, Leyton, 7.30-10pm.
■ Clairvoyance – Little Ilford Christian Spiritualist Church, Third Avenue, Manor Park, spiritual healing, 12.30-1.45pm, services with clairvoyance 2pm and 7.30pm. 020 8514 4030.

Thursday, March 16

■ Show – Third Week in August – performed by Theydon Bois Drama Society – Theydon Bois Village Hall, Coppice Row, Theydon Bois, CM16 7ER. 8pm. Tickets - £9.50 – available online: <https://www.ticketsource.co.uk/theydonbois-dramasociety> or by phone: 01992 919038.
■ Keep Fit for over-50s – Debden Park Community Association Hall, Willingale Road, 10.30am. 020 8508 3346.
■ Weekly 'drop-in' – friendly people who just want an afternoon of company. St Andrew's Church, Church Road, E17 6AR, 2-4pm.
■ Circle Dancing to World Music – Quaker Meeting House, 1a Jewel Road, Walthamstow, 2-4pm, £4, beginners welcome, no partner needed, Pat 020 8556 3508.
■ Ilford Centre Townswomen's Guild, St Alban's Church Hall, Albert Road, Ilford, 2-4pm.
■ Wanstead Rotary Club – County Hotel, South Woodford, 1-2.15pm, call David 020 8989 2701.
■ Barking and Dagenham Friendship Club – Methodist Church, London Road, Barking, 2-4pm, £1.50, for people who have had a sad loss. 020 8594 6409.
■ Rehearsals – Woodford Symphony Orchestra, 020 8504 7783.
■ Dagenham Camera Club – Wantz Library, Rainham Road North, 8-10pm. 020 8252 2934.
■ Forest Creative Writers Group – Jazz Archive Room, Loughton Library, Traps Hill, Loughton, 12.45-2.45pm.
■ Friends Club – St Cedd's Church Hall, Blythwood Road, Seven Kings (opposite Homebase), 50p per session.
■ Redbridge Stroke Club – Loxford Youth Centre, 2-4pm. 020 8220 5878.
■ Indoor Short Mat Bowling Group – Buckhurst Hill Baptist Church, Palmerston Road, Buckhurst Hill, 8-10pm, facilities for disabled players, call Ken 020 8504 9044.
■ Evening of clairvoyance – Friends of Light and Healing, Kingsley Hall, Kingsley Road (Debden), Loughton, 8pm.
■ Church service with clairvoyance – Barkingside Christian Spiritualist Church, IRDSA Hall, Craven Gardens, Barkingside, 2.30pm, free admission. 07930 231189.
■ Spiritual healing – Wanstead Library, Churchill Room, Spratt Hall Road, Wanstead, 6-7.45pm.

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Go to yellowad.co.uk and select the what's on menu

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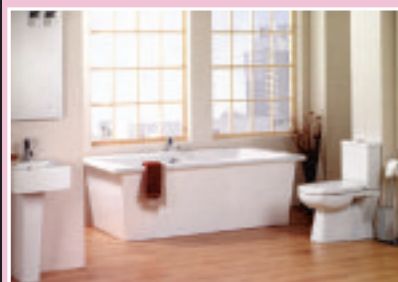


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Public Notices

Goods Vehicle Operator's Licence

Simon Mallia of 62 Walmer House, Bury Street, London, N9 9LH is applying for a licence to use 11 Atcost Road, Barking, IG11 0EQ as an operating centre for 2 goods vehicles and 0 trailers.

Owners or occupiers of land (including buildings) near the operating centre(s) who believe that their use or enjoyment of that land would be affected, should make written representations to the Traffic Commissioner at Hillcrest House, 386 Harehills Lane, Leeds, LS9 6NF, stating their reasons, within 21 days of this notice. Representors must at the same time send a copy of their representations to the applicant at the address given at the top of this notice. A Guide to Making Representations is available from the Traffic Commissioner's office.

Goods Vehicle Operator's Licence

Clearun Recycling Limited of 80 River Road, Barking, Essex IG11 0DS is applying to change an existing licence as follows. To keep an extra 4 goods vehicles and 0 trailers at the operating centre at 80 River Road, Barking, Essex IG11 0DS.

Owners or occupiers of land (including buildings) near the operating centre(s) who believe that their use or enjoyment of that land would be affected, should make written representations to the Traffic Commissioner at Hillcrest House, 386 Harehills Lane, Leeds LS9 6NF, stating their reasons, within 21 days of this notice. Representors must at the same time send a copy to the applicant at the address given at the top of this notice. A Guide to Making Representations is available from the Traffic Commissioner's office.

Goods Vehicle Operator's Licence

City Metals Recycling Ltd of 23 Thames Road, Barking, Essex IG11 0HN is applying to change an existing licence as follows. To add an operating centre to keep 6 goods vehicles and 1 trailer at 23 Thames Road, Barking, Essex IG11 0HN.

Owners or occupiers of land (including buildings) near the operating centre(s) who believe that their use or enjoyment of that land would be affected, should make written representations to the Traffic Commissioner at Hillcrest House, 386 Harehills Lane, Leeds LS9 6NF, stating their reasons, within 21 days of this notice. Representors must at the same time send a copy of their representations to the applicant at the address given at the top of this notice. A Guide to Making Representations is available from the Traffic Commissioner's office.

Goods Vehicle Operator's Licence

Scaffolding Inc Ltd of 2 Shrublands Close, Chigwell, Essex IG7 5DZ is applying for a licence to use Yard Space, Uplands Business Park, Walthamstow E17 5QN as an operating centre for 1 goods vehicle and 0 trailers.

Owners or occupiers of land (including buildings) near the operating centre(s) who believe that their use or enjoyment of the land would be affected, should make written representations to the Traffic Commissioner at Hillcrest House, 386 Harehills Lane, Leeds LS9 6NF, stating their reasons, within 21 days of this notice. Representors must at the same time send a copy of their representations to the applicant at the address given at the top of this notice. A Guide to Making Representations is available from the Traffic Commissioner's office.

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'CHEAP' GOALS COST HAMMERS

Football

West Ham United 1-2 Chelsea
Brian Jeeves reporting from the London Stadium

WEST HAM United manager Slaven Bilic was frustrated with his side as costly defensive errors saw league leaders Chelsea plunder all three points on Monday.

West Ham went into the contest without Michail Antonio, who sat out the match on a one-match ban following his sending off in the draw at Watford a week ago.

His place was filled by Andy Carroll, returning after a spell on the sidelines with a groin injury.

Chelsea travelled across the capital sitting seven points clear at the top of the table.

Under the guidance of head coach, Antonio Conte, Chelsea have produced an exciting brand of football that has seen them defeated on just four occasions.

Nevertheless, Chelsea were beaten on their last visit to the London Stadium, as the Hammers recorded a 2-1 EFL Cup success in an eventful clash back in October.

Perhaps with that in mind, it was a raucous atmosphere that rang around the east Londoners' new home as they looked to throw a spanner into the Blues' seemingly relentless march towards the title.

West Ham started the brighter, with Sofiane Feghouli and Robert Snodgrass offering a sizeable threat from the flanks, with both Carroll and Winston Reid a whisker away.

However, the home side failed to



ADMISSION: Slaven Bilic says mistakes allowed Chelsea two goals

capitalise on early opportunities and when N'Golo Kante and Cesar Azpilicueta combined to send away Eden Hazard, he rounded keeper Darren Randolph to give the visitors the lead.

As the half drew to a close, Manuel Lanzini fired over and Randolph did well to thwart Victor Moses and Pedro.

Within five minutes of the restart, Chelsea doubled their advantage.

Diego Costa arrived unchallenged to bundle home Hazard's flag-kick.

Courtois blocked from Feghouli, while Jose Fonte nodded over Reid's centre as the home side desperately searched for a lifeline.

Randolph produced a fingertip

save to prevent Costa adding to the Blues' lead. To their credit, West Ham refused to buckle.

To their credit, West Ham refused to buckle. However, both Mark Noble and substitute Sam Byram failed to deliver from promising wide positions as Chelsea otherwise comfortably controlled proceedings.

In the final stages, Fabregas fired over as Chelsea looked to put the result beyond reasonable doubt, while Carroll was unable to make a telling contact with Byram's cross.

Lanzini pulled one back in stoppage time, but the Blues never looked like needing the cushion of a third goal against a Hammers side that had displayed plenty of spirit, but ultimately couldn't offer

the same quality as their London rivals.

Speaking after the game, Bilic said: "To make such a mistake that led to their first goal when we had our centre-backs in their box."

"We should have put the ball back in, but we didn't and they scored on the counter-attack. Their second goal was also a cheap one."

"Basically, it's very simple. If you want to beat Chelsea, then you can't make those kind of mistakes."

Chelsea's Conte, said: "They tried to put a lot of pressure on us. Don't forget West Ham Chelsea is a derby and there is great difficulty in these type of games."

"We were very good to manage the start of the game, then score the goal, and then control the game."

West Ham are next in action on Saturday, March 11 when they travel to the Vitality Stadium to face AFC Bournemouth (3pm).

West Ham United: Darren Randolph, Winston Reid (Sam Byram 64), Aaron Cresswell, Sofiane Feghouli (André Ayew 64), Cheikhou Kouyaté, Andy Carroll, Manuel Lanzini, Robert Snodgrass, Pedro Obiang, Mark Noble (Capt) (Edimilson Fernandes 77), José Fonte. Subs not used: Adrian, James Collins, Arthur Masuaku, Jonathan Calleri.

Chelsea: Thibaut Courtois, Marcos Alonso, Cesc Fabregas, N'Golo Kante, Eden Hazard (Willian 75) Pedro (Nemanja Matić 65), Victor Moses (Kurt Zouma 76), Diego Costa, Gary Cahill (Capt), Cesar Azpilicueta, David Luiz. Subs not used: Asmir Begovic, Ruben Loftus-Cheek, Michy Batshuayi, John Terry.

Referee: Andre Marriner
Assistants: Simon Beck and Richard West

Fourth Official: Mike Dean
Attendance: 56,984

THE BIG MATCH

BOURNEMOUTH v HAMMERS

Premier League
 The Vitality Stadium
 Saturday, March 11 (3pm)



Non-league round-up

Gulls pull off vital victory at Wingate

By Brian Jeeves

CANVEY ISLAND gave themselves a chance of avoiding relegation from the Ryman League Premier Division with a stunning 2-1 victory at play-off hopefuls Wingate & Finchley.

George Sykes grabbed a first-half brace for the Gulls, who had Harrison Chatting sent off, as well as losing Jake Pitty through injury after manager, Danny Heale, had used all of his substitutes. Ben Pattie reduced the arrears for the hosts, but Canvey held firm for their second successive league victory.

Goals either side of the break from Adam Cunnington and Billy Bricknell helped Billericay Town to a 2-0 victory at Harlow Town.

Meanwhile, struggling Grays Athletic were beaten by the same margin at home to Metropolitan Police. Steve Sutherland and Roman Michael-Percil on target for the visitors.

In Ryman League Division One North Bowers & Pitsea were 5-0 winners over Ware. David Knight hit a hat-trick for the hosts, while Martyn Stokes and Brad Warner were also on target.

A Liam Nash hat-trick helped league leaders Maldon & Tiptree to a 3-1 win over Aveley.

Lewis Jaggs and Aaron Waters found the net as Tilbury saw off Brentwood Town 2-0 at Chadfields, while Perry Dunn's goal was enough for Thurrock to snatch a 1-0 win at Brightlingsea Regent.

Chris Taylor hit a second-half brace as Romford came from behind to beat lowly Great Wakering Rovers 2-1. Steve Butterworth had given the visitors the lead before the break.

AFC Hornchurch went down 2-1 to Cheshunt at Bridge Avenue. Martin Tuohy scored late on for the Urchins after Jason Hallett had scored twice for the visitors.

Waltham Abbey also went down 2-1, Billy Holland grabbed their goal only for hosts, Dereham Town to take maximum points.

It was a disappointing day for the region's National League clubs, with Dagenham & Redbridge going down by a single Danny Johnson goal at Gateshead. Braintree Town were also beaten. Michael Cheek gave the Iron an early lead against Wrexham at Cressing Road. But goals from Mark Carrington and Oliver Shenton ensured the Welshman all three points.

In National League South, Chelmsford City twice came from behind to earn a point at Hemel Hempstead Town. Parkes fired the hosts ahead from the penalty spot, only for Chris Dickson to level the score within a minute. After Parkes had restored Hemel's advantage, Dickson was again on hand to rescue a point in the dying minutes.

Elsewhere in National South, Concord Rangers were frustrated by a Margate side who had lost their previous 19 matches in all competitions. The final outcome at the Aspect Arena was a goalless draw. It was a bad day for East Thurrock United, who were thrashed 6-1 at league leaders Ebbsfleet United. Reece Harris fired the Rocks into an early lead from the penalty spot. But the home side hit back through Anthony Cook (2), Adam Drury (2), Jack Powell and Darren McQueen.

There were plenty of goals in the Essex Senior League with Clapton 4-1 winners over Hullbridge Sports at the Old Spotted Dog, while Barking saw off Tower Hamlets 3-1, and it was the same outcome between Eton Manor and Takeley, with the home side picking up the points.

Iford produced a notable performance to beat Southend Manor by the odd goal in three at the Cricklefield Stadium, while Sporting Bengal United picked up maximum points with a 2-0 success over Redbridge. The match between Haringey & Waltham and Waltham Forest ended in a goalless draw.

In selected highlights from the ProKit UK Essex Olympian League, Manford Way emerged victorious 3-1 over Leigh Ramblers.

AFC Shenfield were 4-3 winners over Old Chelmsfordian in Division One, while Lakeside won 3-1 at Rochford Town in Division Two.

Lifeline for O's with biggest win of season

Newport County 0
Leyton Orient 4
Sky Bet League Two
By Rowland Lyons
at Rodney Parade

AFTER a week to forget both on and off the pitch, the defiant O's cruised to their biggest win of the season in this basement battle.

Josh Koroma crowned an outstanding performance with a hat-trick either side of the interval, after debutant Steven Alzate's opener as the O's ended their barren run.

Having endured incessant early Exiles pressure, with the recalled Charlie Grainger keeping the ship afloat with a series of fine interceptions, Sandro Semedo started the eighth minute move that lead to Alzate applying the finishing touch.

The score doubled just five minutes later when Sam Dalby's deft touch enabled Koroma to get in behind the Exiles' defence and shoot under a stranded Joe Day.

Newport nearly got back into the

contest on 37 minutes, but Grainger earned his money with a fine tip-over from Marlon Jackson's rasping drive.

Two minutes of stoppage time were signalled and the young O's sprung into life once again when Dalby lead a break from the halfway and Koroma, who had timed his run to perfection, netted with a fine, close-range strike.

Straight after the turnaround, sub Sean Rigg was inches away, but soon after Koroma was cautioned for taking an alleged dive when Day, who clearly appeared to have caught the winger, should have been dismissed.

But justice was done on 64 minutes when Alzate was floored, in the box by a crude challenge. After some deliberation, Koroma grabbed the ball and completed his hat-trick.

This was the first Orient league hat-trick since Ryan Jarvis netted three at Millwall in early 2007.

The east Londoners had further chances to improve their goal dif-

ference with Dalby and Semedo spurning half chances, but the faultless Grainger ensured his side kept a rare clean sheet.

After the game the always grounded boss Danny Webb said: "We are still in the bottom two and favourites to go down. Today's result, however, will give the lads that extra spring in their step."

"Despite recent losses I can't really find any cause to complain and even though today is just one result, I hope people will see what I'm trying to put in place for the future."

With the club receiving unwelcome off-field attention, in the past week, threatening its existence, Webb tried to assure supporters: "I fully understand what has been going on in the media worrying some people who have been following Orient for over 50 years – it's their life."

"So, to come here and show their support without an ounce of negativity is a credit to them. Hopefully, today's result will have given them

that little bit of respite."

Holding the match ball, Koroma said: "It was great to get the hat-trick, but the most important thing was getting three points."

"We can get out of relegation trouble – just look what Leicester did a couple of years ago."

Orient entertain Grimsby Town on Saturday (March 11), kick-off 3pm.

Newport County: Joe Day, Dan Butler, Darren Jones (Joss Ladabie 46), Marlon Jackson (Aaron Williams 64), Alex Samuel, Scott Bennett (capt), Sid Nelson (Sean Rigg 46), Mark O'Brien, Mickey Demetriou, Mitch Rose, Ryan Bird. Subs not used: James Bittner, Craig Reid, Paul Bignot, Tom Owen-Evans, Sean Rigg, Aaron Williams.

Leyton Orient: Charlie Grainger, Myles Judd, Nicky Hunt (captain), Tom Parkes, Callum Kennedy, Josh Koroma (Tristan Abrahams 68), Freddy Moncur (Teddy Mezague 87), Steven Alzate, Michael Collins, Sandro Semedo, Sam Dalby (Victor Adeboyeogo 84). Subs not used: Sam Sargeant, Sammy Moore, Henry Ochieng, Dan Happe.

Referee: Gavin Ward
Assistants: John Law and Richard Hulme
Fourth Official: Craig Taylor
Attendance: 3,378

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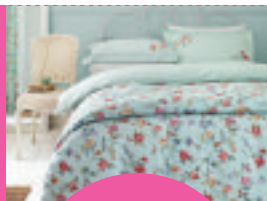
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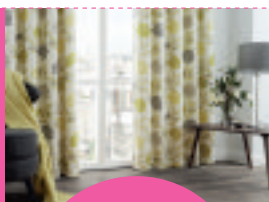
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Behrens, Turner Bianca,
Belledorm, Harlequin,
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reductions also apply to **new and
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1-12 Station Road,
Ilford IG1 4DP
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www.bodgersilford.co.uk